

Instructions for Your Immigration Medical Exam (Form I-693)

To ensure your appointment goes smoothly and to avoid delays in your USCIS application, please follow these instructions carefully **before** arriving at our clinic.

1. Documents You Must Bring

You cannot complete the exam without the following:

- **Government-Issued Photo ID:** A valid, unexpired Passport (preferred), Driver's License, or State ID.
 - **Form I-693:** Please download the **latest version** from the [USCIS website](#). Fill out **Part 1** only.
 - **Crucial:** Do not sign the form until you are in the presence of the Civil Surgeon.
 - **Vaccination Records:** Official records (translated into English if necessary) showing you have received the required immunizations.
 - **Interpreter:** If you are not fluent in English, please bring a trusted adult to interpret for you.
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2. Required Vaccination Checklist

The CDC requires specific vaccinations based on age. Please review your records for the following:

- **Measles, Mumps, and Rubella (MMR)**
 - **Polio (IPV)**
 - **Tetanus and Diphtheria Toxoids (Tdap)**
 - **Varicella (Chickenpox):** If you had the disease, we can test for immunity via a blood draw (titers).
 - **Hepatitis B:** Now required for most adults through age 59.
 - **Influenza (Flu):** Required only during the flu season (typically Oct 1 – March 31).
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3. Medical History Preparation

If you have a history of certain conditions, you must bring documentation from your treating physician:

- **Tuberculosis (TB):** If you have ever had a positive TB skin or blood test, bring records of any chest X-rays or treatment.
 - **Syphilis:** If you have been treated for Syphilis, bring a written certificate signed by a doctor or public health official proving you were adequately treated.
 - **Chronic Conditions:** If you have significant psychiatric conditions or a history of substance abuse, bring a summary of your treatment.
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4. What to Expect at the Appointment

The examination process typically follows these steps:

1. **Physical Exam:** A full review of your systems and a physical assessment by the Civil Surgeon.
2. **Blood Work:** Required testing for Syphilis (RPR), Hepatitis B, and Tuberculosis (IGRA blood test).
3. **Urine Test:** Required testing for Gonorrhea and chlamydia.
4. **Review:** The doctor will review your labs and vaccinations. If everything is clear, they will sign the form.

5. Important Policy Notes

- **The Sealed Envelope:** Once the form is complete, you will receive it in a **sealed envelope**. You must **not** open this envelope. If the seal is broken, USCIS will reject it.
- **Payment:** Payment for the exam and labs is due at the time of service. We do not bill insurance for immigration exams as they are typically considered "administrative" rather than "medical necessity." Fee for Medical examination is \$350, due before the examination.
- **Fast Track:** To speed up the process, please email your vaccination records to our office 48 hours before your appointment for pre-screening. Our secure email: **afmadmin1@afmlc.us**

Summary Table for Quick Reference

Item	Status	Note
I-693 Form	Part 1 Filled	DO NOT SIGN until asked by the doctor.
Photo ID	Required	Must be original and unexpired.
Lab Work	Required	Done in-office; no fasting necessary.
Records	Translated	All foreign records must have English translations.