

Medicare Annual Wellness Visit

Please read these instructions carefully to ensure your visit is fully covered and productive.

1. Understand What This Visit Is (and Isn't)

The Annual Wellness Visit is a **prevention planning visit**. It is not a head-to-toe physical exam where the doctor listens to your heart and lungs or draws blood.

- **Focus:** Developing a personalized "Roadmap for Health" based on your risks.
- **Cost:** There is **no co-pay or deductible** for this visit.
- **Note:** if you wish to discuss **new** health problems or have a **chronic condition** managed during this visit, Medicare may require a separate co-pay for that portion of the appointment.

2. What to Bring With You

To make the most of your time, please bring the following:

- **Your Medications:** Bring a complete list of all prescriptions, over-the-counter vitamins, and supplements (including dosages).
- **Your Medical History:** A list of any hospitalizations or major surgeries since your last visit.
- **Your Healthcare Team:** A list of all specialists, therapists, or home health agencies you currently see.
- **Immunization Records:** Any records of vaccines received at pharmacies or other clinics (Flu, COVID-19, Shingles, Pneumonia).

3. Complete Your Health Risk Assessment (HRA)

Before you arrive, please complete the enclosed **Health Risk Assessment** questionnaire.

- Your ability to perform daily activities (dressing, cooking, etc.).
- Your home safety (lighting, rug hazards, etc.).
- Your mood and memory.

4. Advanced Care Planning

The AWW is a great time to discuss your future healthcare wishes. If you have an **Advance Directive** or **Durable Power of Attorney for Healthcare**, please bring a copy for us to scan into your chart. If you don't have one, let us know, and we can provide the forms.