After-Hours & Emergency Care Policy

Effective Date: **November 15, 2026**

- **Emergencies:** Call 911 or go to the nearest emergency department.
- **Office hours:** Monday–Thursday 9:00 AM–4:30 PM; Friday 9:00 AM–2:00 PM.
- **After hours:** Established patients may reach the on-call physician for urgent medical questions at 206-645-1535.
- The after-hours line is not for routine refills, scheduling, controlled substance prescriptions, or test results.
- **Mental health crisis:** Call or text 988 (Suicide & Crisis Lifeline).
- **Poison emergencies:** Washington Poison Center, 1-800-222-1222.