Good Faith Estimate Notice (No Surprises Act)

Effective Date: **November 15, 2026**

You have the right to receive a "Good Faith Estimate" explaining how much your medical care will cost.

Under the law, health care providers need to give patients who don't have insurance or who are not using insurance an estimate of the bill for medical items and services.

- You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services. This includes related costs like medical tests, prescription drugs, equipment, and hospital fees.
- Make sure your health care provider gives you a Good Faith Estimate in writing at least 1 business day before your medical service or item. You can also ask your health care provider, and any other provider you choose, for a Good Faith Estimate before you schedule an item or service.
- If you receive a bill that is at least $400 more than your Good Faith Estimate, you can dispute the bill.
- Make sure to save a copy or picture of your Good Faith Estimate.

For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises or call 1-800-985-3059.

At AFM, this applies to self-pay services such as office visits, immigration (I-693) exams, FAA BasicMed and DOT exams, and aesthetic services. Our posted self-pay prices (for example, I-693 exam $300; BasicMed $150) are not a substitute for your written Good Faith Estimate. Outside laboratories (such as LabCorp) and imaging facilities are separate providers and may issue their own estimates. We provide your Good Faith Estimate within 1 business day if your service is scheduled at least 3 business days ahead, and within 3 business days if it is scheduled at least 10 business days ahead or you ask for one.