Test Results Policy

Effective Date: **November 15, 2026**

- Results are released to the FollowMyHealth patient portal. Under federal information-blocking rules, some results may appear in the portal before your physician has reviewed them.
- Your physician reviews results and will contact you about abnormal results that need action. Normal results may be communicated by portal message or at your next visit.
- Urgent results are shared within 24 hours, and routine results within 5 business days. If you have not heard from us within 5 business days of a test, please call 425-453-6838. Never assume that no news is good news.
- Laboratory tests are performed by outside laboratories such as LabCorp, which are not part of AFM. Lab billing questions should go directly to the laboratory.